



21th Estonian Championships in Ski Orienteering Middle Distance
35th Estonian Championships in Ski Orienteering Long Distance
January 31-February 1, 2015
Kitsemäed, Nedsaja village, Väraska parish, Põlva County
February 1st IOF World Ranking Event in categories MW21 (long distance)

SCHEDULE

January 31st:

10.30 Competition centre open
12.00 First start of middle distance
14.00 Prize-giving ceremony

February 1st:

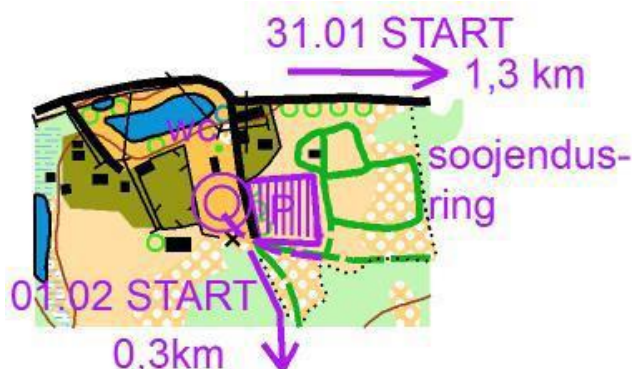
9.30 Competition centre open
11.00 First start of long distance
11.30 First start of WRE long distance
14.00 Prize-giving ceremony

ORGANIZERS

Orienteering Club Väraska OK Peko, Estonian Orienteering Federation

Event director:	Raul Kudre
Course setter and track preparation:	Raul Kudre, Rein Zaitsev, Kalle Ojasoo, Airet Kolk, Randy Korb
Map author:	Madis Oras
IOF Event Adviser:	Markus Puusepp
EOF Event Adviser:	Markus Puusepp
IT:	Einar Raudkepp
Start:	Jüri Pärnik
Ceremonies:	Mare Parve
Finance:	Ingrit Kala
Jury:	Markus Puusepp, Nikolai Järveoja, Kuno Rooba

COMPETITION CENTRE



Kitsemäed, Nedsaja village, Värška parish, Põlva county.
Signs to competition centre from the 9th km of Karisilla-Petseri road.
Map: <http://kaart.postimees.ee/?zoom=3&lat=6428656.25&lon=693265.625&layers=B00TTT&id=88336>

CATEGORIES

Men (M) 14, 16, 18, 20, 21, 35, 45, 55, 65
Women (W) 14, 16, 18, 20, 21, 35, 45, 55
OPEN (registration at the competition centre)

MIDDLE DISTANCE

Start interval 2 minutes. Map size A4, map scale 1:10 000, contour scale 2,5m.

LONG DISTANCE

[IOF World Ranking event in categories MW21.](#)

Start interval 2 minutes. Map size A4, map scale 1:10 000 in shorter distances or 1:12 500 in longer distances, contour scale 2,5m.

TERRAIN AND MAP

Terrain is mostly covered with pine forest and areas with young vegetation. Forest takes up around 95% of the terrain. Elevation difference on the terrain is up to 30 meters on one slope.

On the terrain there is around 10cm of frozen snow what is covered with 5cm of fresh snow. Marshes can be wet and not frozen.

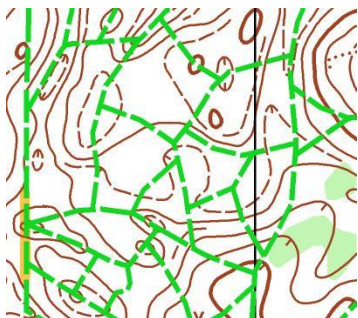
Track network from sparse to dense.

Värška-Matsuri road and Nedsaja road (marked with black continuous line) which go through the terrain are open to traffic and can be stony.

Map drawn by Madis Oras, ski-orienteering track network planned by Raul Kudre.

Previous map: [2013074](#)

Map example and snow conditions on January 27th:



TRACK NETWORK

40km of tracks.

79% scooter tracks (0,8-1,2m wide)

13% skating tracks (1,2-2m wide)

1% dotted tracks (less snow)

7% car roads (black continuous line) (4-5m wide)

First track preparation on January 24th.

START

Middle distance:

Start is 1300m from competition centre. Marked with signs and tapes. Warm-up in competition centre and on the road to the start.

Long distance:

Start is 300m from competition centre. Marked with signs. Warm-up area in competition centre.

Pre-start is 2 minutes before the start. Competitors can take the map 1 minute before the start. 30 metres to the start-control.

PUNCHING SYSTEM

Traditional SPORTident punching system will be used in all categories. All versions (including series 8 and 9) of SI-cards can be used. Rented cards can be obtained at the competition centre. When a hired SI-card is lost, fine of 30 EUR will be charged

GPS

10 men and 5 women will wear a GPS-device on WRE. GPS will be attached on the arm.

Live-GPS following on web-page www.peko.ee

COURSES

Middle

	Class	KM	CP	Map scale
1	M21	6,2	15	1:10 000
2	M20, N21	4,8	13	1:10 000
3	N20, M45	4,2	11	1:10 000
4	M18, M35	4,3	11	1:10 000
5	N18, N35	3,9	9	1:10 000
6	M16, M55, open	4,1	11	1:10 000
7	M14, M65	3,6	9	1:10 000
8	N16, N45	3,6	9	1:10 000
9	N14, N55	2,7	7	1:10 000

Long

	Class	KM	CP	Map scale
1	M21 WRE	12,9	28	1:12 500
2	N21 WRE	10,5	18	1:12 500
3	M20	9,1	17	1:12 500
4	M18, M35, N20	7,9	15	1:12 500
5	M16, M45,	7,7	14	1:12 500
6	N18, N35, open	7,3	14	1:12 500

7 N16, N45, M55	5,9	11	1:10 000
8 M14, M65	5,4	11	1:10 000
9 N55,	4,6	9	1:10 000
10 N14	4,2	9	1:10 000

ADDITIONAL INFORMATION

Number bibs are used only in WRE long distance in MW 21 categories. No shower in the competition centre.

ACCOMMODATION

Värskä Gymnasium (hard floor accommodation). Info: Üllar Mehine +3725101906
 Värskä veekeskus www.spavarska.ee +372 799 9300
 Värskä sanatoorium (hotel) www.spavarska.ee +372 799 9300
 Hirvemäe Holiday Centre <http://www.hirvemae.ee/> +372 797 6105

SUPPORTERS:

