

## BULLETIN 3

### MTBO Estonian Championships (WRE) in middle and long distance



VÄRSKA ORIENTEERUMISKLUBI

July 13-14, 2013

Väraska, Estonia

#### Organizers

Estonian Orienteering Federation, Väraska OK Peko

**Event Director:** Raul Kudre

**Course Setter:** Raul Kudre, Rein Zaitsev

**MTBO Map:** Markus Puusepp, Raul Kudre

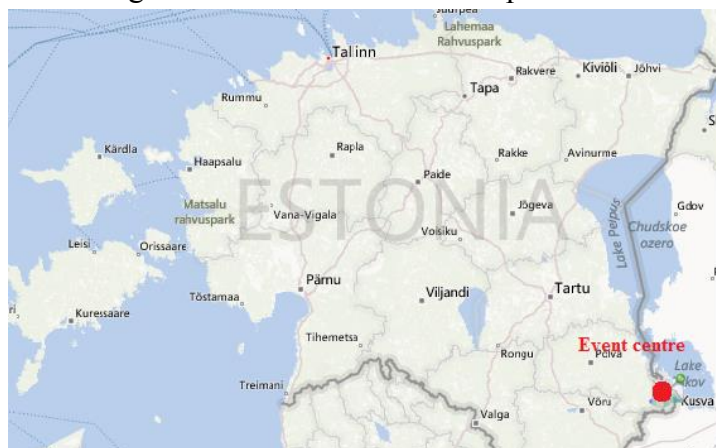
#### Event Adviser

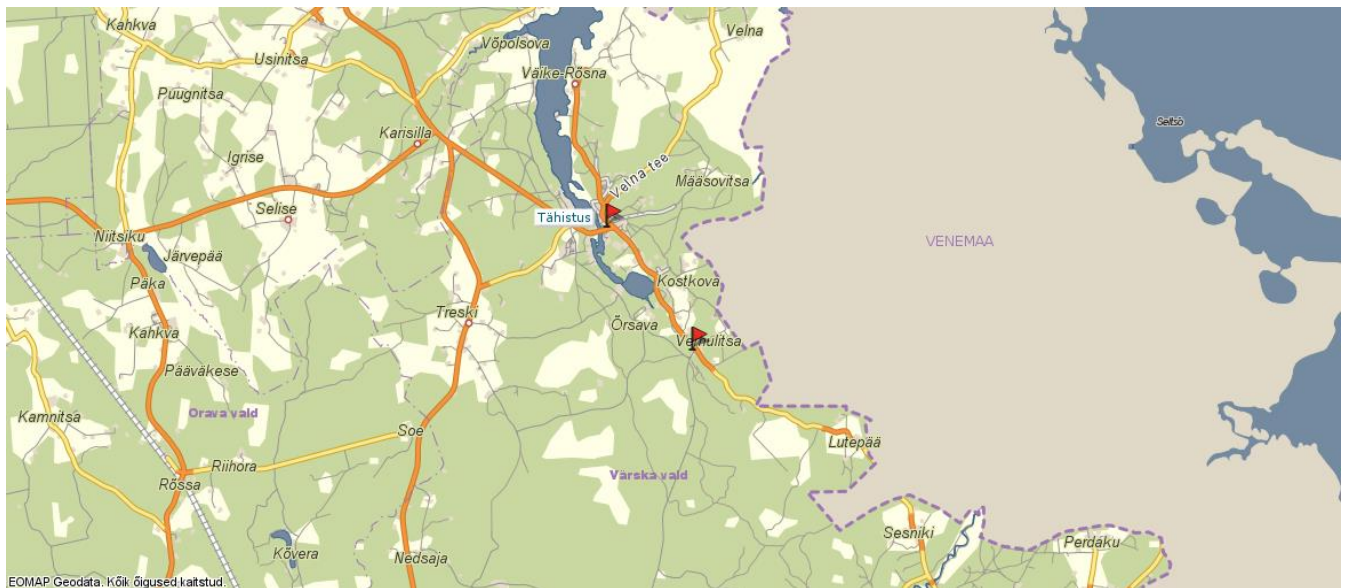
**IOF Event Adviser:** Alar Assor

**Jury:** Alar Assor, Kuno Rooba, Arbo Rae

#### Competition Centre

Follow signs from Väraska centre. Competition centre is located about 11km from Väraska.





## **Programme**

### **Saturday, July 13**

Middle distance (WRE). First start at 14.00

### **Sunday, July 14**

Long distance (WRE). First start at 11.00

## **Participants and Competition Classes**

Participants of Estonian championships are the members of Estonian orienteering clubs, who have a valid licence of Estonian Orienteering Federation.

Other competitors (non-members) may participate in WRE, but they are competing outside of Estonian Championships.

### **Classes of middle and long distance:**

M16, M18, M20, M21, M40, M50, M60

W16, W18, W20, W21, W40, W50

Open class

## **Competition Rules**

WRE events (MW21) will be organized in accordance with the Competition Rules for IOF MTBO Events (see here: <http://orienteering.org/wp-content/uploads/2010/12/Competition-Rules-for-IOF-MTB-Orienteering-Events-valid-from-1-Jan-20131.pdf>)

Baltic MTBO Championships will be organized in accordance with the Competition Rules for the Baltic Mountain Bike Orienteering Championships 2013. (see here: <http://www.peko.ee/files/TheCompetitionRulesforBMTBOC2013.pdf>)

Other classes will compete according to the Estonian Orienteering Federation rules (see here: <http://www.orienteerumine.ee/eol/dok/index.php>).

## Course Lengths

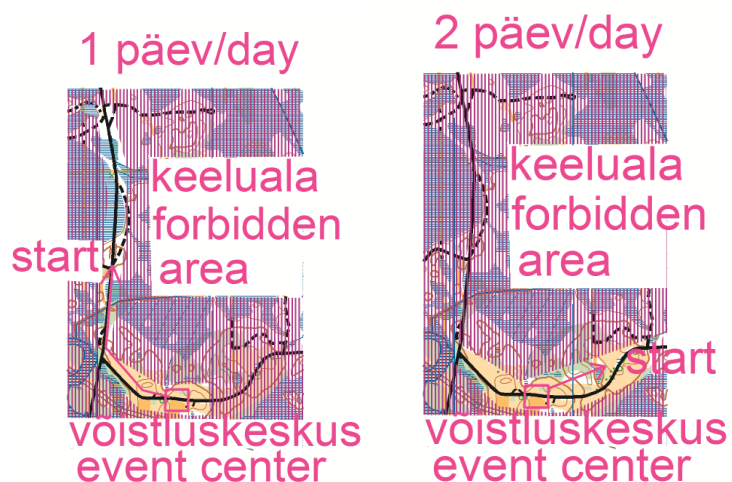
Course	Class	1st day – middle distance				2nd day – long distance				refreshment
		KM	CP	map size	map scale	KM	CP	map size	map scale	
1	M21	16,0	18	A3	1:15 000	28,3	21	A3	1:20 000	2/3 of course
2	M20	10,6	11	A3	1:15 000	21,8	18	A3	1:20 000	2/3 of course
3	W21, M40	10,1	11	A3	1:15 000	18	17	A3	1:20 000	2/3 of course
4	M18 ,W20, M50	7,4	9	A4	1:15 000	15,6	13	A3	1:20 000	
5	M16, W18, W40	6,4	9	A4	1:15 000	11,6	10	A3	1:20 000	
6	W50, W16, M60	5,8	8	A4	1:15 000	9,4	10	A4	1:20 000	
7	Open	7,2	8	A4	1:15 000	10,4	9	A4	1:20 000	

## Distance to start

**1st day** – 1,2km. Marked with signposts and blue-white tape.

**2nd day** – 1,5km. Marked with signposts and blue-white tape. There is a ditch on the way to the start, what should be crossed by carrying the bike.

Pre-start 3min.



## **Map**

Previous map: [Mustoja 2012071](#).

### **Map scales**

Middle distance 1:15 000

Long distance: 1:20 000

Contour interval: 2,5m

All maps are drawn according to International Standard for MTB Orienteering Maps 2010.

MW21 and M40 use waterproof maps, the other classes non-waterproof map.

## **Terrain**

Sand-based open pine-forest. Moderately hilly with a lot of medium-sized hills and depressions up to 30m of height difference in the central and southern part of the terrain, and flat areas with small contour details and many marshes on the rest of the area.

Well-developed network of paths. Majority of tracks are well-rideable with a firm grass and/or dirt surface; in dry conditions, some tracks with sandy surface get less-rideable.

There are some new tractor tracks on the terrain, which are not on the map, but using these tracks is not necessary.

## **Numbers**

The same competition numbers are used both days.

## **Refreshment point**

Refreshment point is used in long distance in classes MW21, M20 and M40. Water in bottle is served. Refreshment point is close to the competition centre and competitors are allowed to bring their own drink.

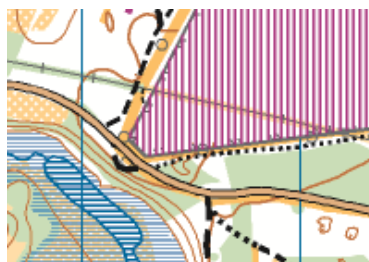
## **Technical info**

Wearing helmet is required. It is not required to attach a SI-card on the bike. Competitors have to pass the course with all required controls together with bike. It is allowed to ride off the tracks. Riders must ride on the right side on the road and tracks.

## **Forbidden area**

Competition area is bordered with Estonian-Russian border. It is strictly forbidden to cross the border.

In long distance one possible route choice is using a highway that goes through Russia for 40 metres. Crossing this part is allowed, but only by bike. **No walking is allowed!**



## **Start lists**

Start lists are drawn according to two groups. The stronger group consists of 5 best men and 3 best women (according to World ranking) from EST, LAT and LTU; all competitors who belong to the MTBO World ranking top100 among men and top80 among women. According to the stipulation, Estonian championships medallist from 2012 and Estonian selected team for World championships in 2012 are not drawn to start among first 1/3 of the competitors.

## **Registration and Start Fees**

Registration on website <http://www.osport.ee> or e-mail [ainar@verska.ee](mailto:ainar@verska.ee).  
Entry deadline July 8, 2013.

### **Start fees:**

MW16,18 - 4 EUR/day  
MW20, OPEN - 8 EUR/day  
MW21,40,50 and M60 - 12 EUR/day

SI-card rent – 1,5 EUR/day

**Beneficiary:** Värskas Orienteerumisklubi Peko

**Address:** Värskas, Põlvamaa 64001, Estonia

**IBAN:** EE242200001120074669

**Bank:** Swedbank AS, 8 Liivalaia Street, 15040 Tallinn, Estonia

**SWIFT/BIC code:** HABAE2X

Payment must be made upon registration.

## **Prize-Giving Ceremony**

Prizes will be given in accordance with the rules of Estonian Orienteering Federation.

If any participant competing outside of Estonian championships gets to the TOP3, he/she will be awarded with a prize.

Prize-giving ceremony takes place both days.

On Saturday app. 17.00

On Sunday app. 15.00

## **Buffet**

There is a buffet in the competition centre.

## **Washing**

It is possible to wash a bike in the competition centre.

## **Accommodation**

Värskas Sanatorium (hotel) [www.spavarska.ee](http://www.spavarska.ee) +372 796 4666

Hirvemäe Holiday Centre [www.hirvemae.ee](http://www.hirvemae.ee) +372 79 76105

### **Additional info:**

<http://vana.verska.ee/ettevotlus/ettevotete-kataloog/majutus.html>

[www.visitsetomaa.ee](http://www.visitsetomaa.ee)

## Contact

**Event director:**

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