



## 21st Estonian Championships in Ski Orienteering Middle Distance 35th Estonian Championships in Ski Orienteering Long Distance January 31–February 1, 2015

**NEW COMPETITION AREA!**

**Kitsemäed, Nedsaja village, Väraska parish, Põlva County**

**February 1st: IOF World Ranking Event in categories MW21 (long distance)**

### **SCHEDULE**

January 31: 12.00 – first start of middle distance race  
February 1: 11.00 – first start of long distance race

### **PARTICIPANTS**

Competition is open to all participants. However, those competing for Estonian Championships medals must either be:

- 1) Estonian citizens;
- 2) Members of EOF member clubs.

Both citizens and EOF club members must have a valid EOF 2015 licence purchased before the date of the competition. You can check validity of your licence here: <http://www.orienteerumine.ee/litsents>

During one winter season participants are allowed to represent in Estonian Championships only one club.

**NB! Participation in WRE classes is free for everybody.**

### **RULES**

Estonian Championships are organized according to Estonian Orienteering Federation competition rules: <http://bit.ly/1vdO7U8>. IOF WRE race (February 1st) in categories MW21 are organized by the Competition Rules for IOF Ski Orienteering Events: <http://bit.ly/1CjaYFt>.

### **CATEGORIES**

Men (M) 14, 16, 18, 20, 21, 35, 45, 55, 65

Women (W) 14, 16, 18, 20, 21, 35, 45, 55

OPEN (registration at the competition centre)

### **SPECIAL RULES FOR STARTING ORDER**

**MIDDLE DISTANCE** (January 31st)

Interval start with a 2 minute interval is used in all categories.

In categories MW21 top 3 participants from 2014. Ski-O Estonian Championships in middle distance and the winner of MW20 category shall not be drawn into first 1/3 part of the start list. This rule does not apply to foreigners who participated but did not compete for Estonian Championships medals in 2014.

**LONG DISTANCE** (February 1st)

Interval start with a 2 minute interval is used in all categories.

In categories MW21 the competitors start according to the most-recently (January 31, 2015) published IOF World Ranking list with the best ranked as the last starters. Competitors without World Ranking

points start first in random order. If two athletes have equal ranking, the one with the highest single score starts last. You can find IOF World Ranking here: <http://ranking.orienteering.org/>

### **TERRAIN AND MAP**

Terrain is mostly covered with pine forest and areas with young vegetation. Forest takes up around 95% of the terrain. Elevation difference on the terrain is up to 30 meters on one slope.

On January 22 there was around 10cm of frozen snow on the terrain.

Map drawn by Madis Oras, ski-orienteering track network planned by Raul Kudre.

Middle distance: map scale 1:10 000, contour interval 2,5 m

Long distance: map scale 1:10 000 (in shorter distances) or 1:12 500 (in longer distances), contour interval 2,5 m

Previous map: [2013074](#)

Map example and snow conditions on 22.01.2015:



### **PRELIMINARY COURSES**

#### **MIDDLE DISTANCE (winners time)**

MW 14	20 minutes
MW 16, 18, 20	25 minutes
MW 21	25–30 minutes
MW 35 and older	25 minutes

#### **LONG DISTANCE (winners time)**

MW 14	35–40 minutes
MW 16	40–45 minutes
MW 18	45–50 minutes
MW 20	50–55 minutes
W 21 (WRE)	75–90 minutes
M 21 (WRE)	95–100 minutes
MW 35	50–55 minutes
MW 40 and older	45–50 minutes

### **PUNCHING SYSTEM**

Traditional SPORTident punching system will be used in all categories. All versions (including series 8 and 9) of SI-cards can be used. Rental fee per day is 1 EUR. Organizers must be informed about the wish to rent a SI-card upon registration. Rented cards can be obtained at the competition centre. When a hired SI-card is lost, fine of 30 EUR will be charged

## PRIZE GIVING

In categories MW14, MW16, MW18, MW20, MW21\* the winners will be awarded with the Estonian Champion title. First three places receive a medal and a diploma of the Estonian Olympic Committee - EOC.

\* If there are less than 4 registered participants in categories MW14, MW16, MW18, MW20, MW21 by the final date for pre-registration, no Estonian Championship titles and EOC medals will be handed out. The best will be awarded with an EOF diploma.

In other categories the title 2015 Estonian Champion will be assigned to winners. First three places will be awarded at least with a medal of the EOF.

In case of a foreigner not competing for the Estonian Championship medals comes to the three best places, he/she will be awarded with prize.

## REGISTRATION

On-line registration at <https://www.osport.ee/> or by sending e-mail to [ainar@verska.ee](mailto:ainar@verska.ee) before **January 28, 2015 at 8pm**. Participation fee should be paid to organizers bank account:

Beneficiary: Värskas Orienteerumisklubi Peko

Address: Värskas, Põlvamaa 64001, Estonia

IBAN: EE242200001120074669

Bank: Swedbank AS, 8 Liivalaia Street, 15040 Tallinn, Estonia

Registration fee should be paid together with registration. The registration is valid only after payment.

Please note that all bank charges are due from the sender.

**NB! Registration to WRE long distance race can be done only through IOF Eventor (International Orienteering Federation's Event Management Service):** <http://eventor.orienteeing.org/Events>

**If you experience any problems, you might find help from here:** <http://eventor.orienteeing.org/Home/HelpAndSupport> or contact your national administrator.

## ENTRY FEE

MW 14, 16, 18	4 €/day
MW 20, M 65	7 €/day
MW 21, 35, 45, 55	10 €/day

## COMPLAINTS AND PROTESTS

All complaints or protests on topics which are not explained in this document and arise during the competition will be discussed and solved by the competition jury. In making decisions the jury will take into consideration this document and most up-to-date EOF competition rules. If needed, the jury can consult with EOF board.

A separate jury (3 or 5 voting members) will be appointed for the IOF WRE event. The IOF Event Adviser will lead the jury but has no vote.

## ADDITIONAL INFORMATION

Number bibs are used only in MW 21 categories. No shower in the competition centre.

## ACCOMMODATION

Värskas Gymnasium (hard floor accommodation). Info: Üllar Mehine	+3725101906
Värskas veekeskus	<a href="http://www.spavarska.ee">www.spavarska.ee</a> +372 799 9300
Värskas sanatoorium (hotel)	<a href="http://www.spavarska.ee">www.spavarska.ee</a> +372 799 9300
Hirvemäe Holiday Centre	<a href="http://www.hirvemae.ee/">http://www.hirvemae.ee/</a> +372 797 6105

## ORGANIZERS

Orienteering Club Värskä OK Peko

Even director: Raul Kudre . +372 5256695

Course setter: Raul Kudre

Track preparation: Rein Zaitsev , Randy Korb (OK Peko) Kalle Ojasoo (OK Põlva Kobras)

IOF Event Adviser: Markus Puusepp, OK Võru +372 5268279

EOF Event Adviser: Markus Puusepp, OK Võru

Jury: Markus Puusepp, OK Võru

**VENUE LOCATION:**

Signs to competition centre from the 9th km of Karisilla-Petseri road

<http://kaart.postimees.ee/?>

[zoom=3&lat=6428656.25&lon=693265.625&layers=B00TTT&id=88336](http://kaart.postimees.ee/?zoom=3&lat=6428656.25&lon=693265.625&layers=B00TTT&id=88336)

**SUPPORTERS:**

